

# MB7 CORPORATE FACT FILE

At MB7 we have been creating unique mountain biking adventures in the Tweed Valley for five years and we're still counting. Run by passionate mountain bikers, our philosophy is simple – to get big grins on muddy faces and hopefully convert a few people to mountain biking in the process.

We've found all our corporate groups have different needs but we always make sure everybody gets a great experience and a fun day out of every session. When you join us you'll experience a friendly, laid-back, yet professionally-run environment to learn new biking skills. You'll leave us wanting to come back straight away!

MB7 has a passion for two wheels, MB7 is simply a way of passing that passion on.



## INTRODUCING MB7

At MB7 our small but dedicated team have 19 years of professional cycling experience between them.

All tutors are SMBLA qualified and carry full BASP outdoor first aid certificates.

### OUR TEAM

**Iain Withers:** Director & events co-ordinator

**Andy Weir:** Lead Guide: Mountain bike tuition & courses



## IS MOUNTAIN BIKING FOR YOUR GROUP?

Your team can enjoy the thrills of Britain's most popular adventure sport with a company that can push their limits without them even realising it – they'll be too busy having fun.

In addition to this they can enjoy it at Britain's no.1 destination for mountain biking, Glentress Forest in the Scottish Borders, only an hour from Edinburgh. Treat your team to an endorphin-filled adventure that promotes getting fit in the fresh air.

Thinking it's a dangerous sport that gets you tired and muddy? Not the ideal away day option really?

Not in our hands, at MB7 the safety and comfort of our clients is our no.1 concern. We'll make sure that your day is jam packed full of fun and hopefully a few new skills will be learnt along the way too.

You'll not care about a wee bit of dirt at the end of a day on the hills with MB7. Twigs floating in the bath after a day out means that you had about as much fun as you can and hopefully be raring to come back for more!



## WHAT CAN MB7 OFFER YOUR TEAM?

At MB7, we like to tailor our adventures to individual needs, speak to us about any of your specific needs, however - allow us to introduce you our Glentress Experience.



### THE GLENTRESS EXPERIENCE

A day at Britain's favourite mountain biking centre is a great challenge which will be all the better with MB7's experienced guides on hand.

We'll teach your team the skills to take on the purpose-built 'singletrack' which has made this part of the world so famous for mountain biking. Then we'll take them on a guided tour of the best bits of the forest tailored to their skill levels and using our unrivalled local knowledge.

The Glentress experience costs £75pp (+ VAT) for up to 5 hours of activities for a minimum of 6 people.

All bike hire, equipment & safety gear is included in this price.

## ARE OUR STAFF IN SAFE HANDS?

All MB7 guides are experienced and qualified to Mountain Bike Leader level by our governing body, the Scottish Mountain Bike Leader Association.

In addition to this, all of our guides are qualified in emergency outdoor first aid by the British Association of Ski Patrollers. Our guides are experienced in identifying ability levels and ensuring challenges are appropriate.

We can tailor the adventure to make every team member feel challenged and exhilarated, whilst never compromising their safety and comfort.

But don't believe us, here is some feedback from a corporate adventure we arranged for Baillie Gifford Edinburgh office:

*"Working with Iain (MB7 director) in organising our event was a real pleasure. His enthusiasm was obvious and nothing was too much trouble. We are looking forward to our next trip!"*

**- Samantha Pattman, Events Co-ordinator, Baillie Gifford**

*"The riding tips I learnt helped me attack the trails with much more confidence & speed. The guides always made sure we were challenged without taking us beyond our limits."*

**- Steven Bedwell**

*"The instructors are very helpful without being patronising. Their enthusiasm is really infectious & encouraged me to tackle routes that I would not have considered on my own."*

**- Linda Shaw**

All of our activities are fully risk assessed and run appropriately. We never exceed 6 clients per guide undertaking mountain biking activities.



In addition to this, MB7 is a limited company with public liability insurance covering all of our activities.

Copies of this paperwork and any method statements required can of course be made available prior to your event.

## WHAT DO YOU NEED TO BRING?

### TESTIMONIALS

*"The support provided was really outstanding, I'm looking forward to booking our next trip!"*

**Simon King, Leeds**

*"I'm really happy that I took the course and can't wait to get out mountain biking again!"*

**Jennifer Bow, Edinburgh**

*"Andy for President!"*

**Petra and Robben, Stockholm, Sweden**

*"The course really helped my technique and confidence. I'd definitely recommend it."*

**Paula Henderson, Glasgow**

The most important thing to bring is enthusiasm!

Other equipment you will need:

- A standard cycling helmet is essential (can be supplied)
- Comfortable sports clothing & spare layers including a wind/waterproof jacket
- Gloves highly recommended, preferably cycling-specific
- A small rucksack to carry water and spare clothing
- Lunch – there is a café on site
- Recommended extras include protective glasses, snacks and a camera

## HOW FIT DO YOU NEED TO BE?

It helps for your staff to have completed a cycle ride of 2 hours duration (with breaks) previously however our days are not designed to be a big fitness challenge.

By the very nature of the terrain a basic level of fitness would make the day more enjoyable.

With larger groups where multiple guides from MB7 are in attendance we can split the groups into different abilities and a less fit group can concentrate on technique and skills only.

Any concerns you have about your groups abilities please do get in touch. We ensure that all our sessions are run with the groups needs in mind.



## HOW CAN YOU BOOK?

If you wish to go ahead and book an MB7 corporate package, allow us to make it easy for you.

If you have booked an event through Macdonald Cardrona, we can deal directly with them.

If you have an event manager within your company, simply put them in touch and we can check availability and get your adventure booked.

You can get in touch with Andy on 07817 792 544, or you can email [andyw@mb7.com](mailto:andyw@mb7.com).

Obviously we are more than happy to answer any queries you may have prior to booking.

To confirm a booking, we need to know:

- The date of the event
- The length of time you would like the session to last (up to 5 hours)
- The size of your team
- The heights of everyone requiring a hire bike
- Any special instructions/requests



# MB7 CORPORATE MOUNTAIN BIKING ENQUIRY/BOOKING FORM

Please complete as much of this form as possible. Do not worry if you do not have all of the necessary information, fields marked with a \* are not required to place a booking, and may be supplied nearer to the event itself.

We can also take detailed enquiries and bookings via [email](#).

Keep in mind we are always at the end of the phone if you have any further enquiries.

Company:.....

Contact Name: .....

Contact Details (phone no): .....

Email address: .....

Booking date required:.....

No. Participants (please provide approx figure if exact unknown): \* .....

Heights of participants requiring bike hire: \* .....

Any medical/dietary requirements (this information may be provided privately by participants): \*

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Any further queries/information:

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Terms & Conditions read, understood and agreed to  
(available below and at [www.mb7.com/terms.htm](http://www.mb7.com/terms.htm)): \*

Signature: .....

date: .../.../.....



## WHAT ABOUT THE SMALL PRINT...

It is recommended that you carefully read the following terms and conditions before booking with MB7 Ltd. We aim to treat everybody fairly. By placing a booking, you agree to the following terms and conditions. If you have any further questions, do not hesitate to contact us. In the following conditions 'we' are the company MB7 Ltd and 'you' are the person booking a package.

**1. BOOKING** –When you make a booking, you guarantee that you have the authority to accept, and do accept, on behalf of your party the terms of these booking conditions. In addition to our own terms, you agree to abide by the terms of your travel and accommodation providers for the duration of your package. These are available on request. A contract will exist as soon as we issue our confirmation invoice. One person may accept the booking conditions on behalf of a group. We will confirm your booking in writing or by email. The contract is governed by Scottish law.

**2. DEPOSIT** – We require a deposit of 20% of the total cost to book a package. If the booking is made within 8 weeks of the package commencement date, full payment must be made at time of booking. Invoicing may be available on request.

**3. PAYMENT** - The balance of the package cost must be received 8 weeks prior to commencement. Reminders will not necessarily be sent. If the full balance is not received 8 weeks prior to the package commencement, you will be deemed to have cancelled your package and cancellation terms will apply. Please be aware that if you are booking within close timing of your intended travel, payment methods may be restricted. You will be invoiced in pounds sterling.

**4. MINIMUM NUMBERS** – The minimum number of participants in a supported package is 5. We will accept bookings for less than 5 participants. However, if the minimum number of participants is not reached within 4 weeks of the package commencement, we reserve the right to cancel the package. We will not be liable for any extra costs incurred with respect to your attendance of your package. If minimum numbers are not reached we will either a) refund the full cost of your package b) provide an equal or better package on a different date c) amend your package to a lower level of support with your agreement or d) agree a supplementary charge.

**5. PAYMENT PROTECTION** – We guarantee not to increase the cost of a package once a booking has been received. All payments are held in an independent trust account until satisfactory completion of the package. We comply fully with the 1992 EU Package Travel Directive. You have up to 28 days after completion of the package to lodge any complaint concerning the package. We have a further 28 days to respond to your complaint.

**6. CANCELLATION BY YOU** – We will always endeavour to accommodate any changes to your package that you require. We cannot guarantee that we will be able to do so. Any cancellation by you must be received in writing within 8 weeks of commencement of your package. This will result in the loss of any deposits paid to us. If you cancel your package within 8 weeks of commencement, you will forfeit 50% of the total price. If you cancel your package within 6 weeks of commencement, you will forfeit 75% of the total price. If you cancel your package within 4 weeks of commencement, you will forfeit 100% of the total price.

**7. CANCELLATION BY US** – We will always endeavour to avoid cancellation of a package. In the event of any exceptional circumstances beyond our control, we may have to cancel your package. Any cancellation by us will result in a full refund to yourself, or transfer to another suitable package. We cannot be held liable for any other expenses you might incur as a result of us cancelling your package. *Force majeure: This means a cause beyond our control. We will not refund, nor will we pay compensation, if we have to cancel or change your travel and/or accommodation arrangements in any way because of war, riot, industrial dispute, terrorist activity, natural or nuclear disaster, fire, adverse weather conditions or other unforeseen circumstances that may amount to force majeure.*

**8. CHANGES TO THE PACKAGE BY YOU** – We will always endeavour to accommodate any changes to your package that you require. We cannot guarantee that we will be able to do so. Any request for changes must be made in writing from the person who made the booking. You may be required to pay an administration charge, plus any further costs incurred, in accommodating this alteration. You should be aware that these costs may increase the closer to your departure date you make alterations, and a change of date of travel may constitute cancellation of your package as dealt with in clause 6. Any alterations to your package made after departure may result in additional charges to cover costs incurred. If you do not use any part of the services covered by your booking, you will not be entitled to reimbursement.

**9. CHANGES TO THE PACKAGE BY US** – There is always the need to be flexible in an activity package. We will always endeavour to fulfil our itinerary. However, our itinerary and overall goal of our package should be taken as an aim and not a contractual obligation. We cannot take responsibility for changes to your package due to the actions of our travel and accommodation partners, however we will endeavour to ensure that your package is not devalued. We will not devalue or change the theme of a package. We will always endeavour to keep you informed of any changes to your package.

**10. MB7 PARTNERS** – We cannot be held liable for any damages, losses or inconveniences arising due to events involving our travel and accommodation partners. We will endeavour to minimise the risk of such events and to do everything within our capabilities to deal with problems arising due to such events involving our travel and accommodation partners. Whilst travelling or staying under the control of our accommodation providers, you agree to abide by their terms and conditions which are available on request.

**11. INSURANCE** – All participants are recommended to take out adequate insurance cover. Any such policy should cover activity participation, personal items, medical expenses, the cost of repatriation in the event of illness and cancellation by you.

**12. LIMIT OF OUR LIABILITY** – Our liability to you in any circumstances is limited to the total cost of your package. We accept no responsibility for any damage or loss to your personal possessions. We are not liable for any failure to carry out the contract if the failure is a) due to the actions of a participant b) due to the actions of a third party unconnected with us or our travel and accommodation partners c) due to circumstances out-with our control and unforeseeable d) due theft or damage to bicycles or injury to you which occurs as a result of cycling on or off-road; or during transit.

**13. HIRE BIKES** – Advance booking is necessary in order for us to hire bikes for you. We source hire bikes from local bike shops and do not accept any responsibility for the bikes. You are responsible for looking after hire bikes and must notify us of any defects as soon as possible. You are liable to the bike hirer for any loss or damages to the hire bike. You must commit to return the hire equipment in the same condition as you received it and may not sell, hire or otherwise part with the equipment during your package.

**14. YOUR RESPONSIBILITIES** – All types of sport involve elements of risk and discomfort, and your booking represents acceptance of this. It is imperative that you **RIDE WITHIN YOUR CAPABILITIES** at all times. If you are unsure of your capabilities, you must walk when you are not confident riding. It is a condition of participation that you always wear an approved safety helmet. We take no responsibility for damage, death or injury caused to you or by you as a result of participation. You are responsible for keeping your bike in good working order and you must notify us of any defects as soon as possible. If you bring your own bike, you must ensure it is in good working order before commencement of the package. We reserve the right to prevent you from participating if your bike is not in good working order. In this case we will endeavour to hire a bike for you, for which you will be responsible for the cost. You agree to abide by the authority of the leader of the group. Any leader who deems your behaviour to detrimental to the welfare of the group or you, may remove you from the group. We reserve the right to remove any person from a package who is deemed to be acting in this manner. We will not be liable for any refund in these circumstances. You commit to attending all meeting points in good time. If you are late or fail to turn up at a given meeting point, you will be liable for costs incurred in catching up with the group. You have a contractual responsibility to act in a reasonable way for the duration of your package. Any behaviour by you which is, in the reasonable opinion of the site owner or manager or any other person in authority, disruptive or likely to adversely affect the enjoyment of other persons, will be a breach of the contract and our obligation to provide any contracted services to you will end. We take no responsibility for damage, death or injury caused to you or by you as a result of participation in activities.

**15. MEDICAL** – By booking, you accept that you have read and understood these terms and conditions. You must confirm that you are fit to participate in your chosen package and that you have informed us of any medical conditions affecting your participation in the package. You must notify us of any specific medication and dietary requirements at time of booking.